

Dear Falcon Families,

A mentor of mine once informed me that "despite the number of days, February is the longest month of the year." I hope that has not been true for you this year, but we have a well timed holiday weekend coming up if it is.

FEBRUARY/MARCH 2024

As we look ahead to the remaining months of the school year, there are some important dates we hope you will put on your calendars. Please add February 29 to your calendars: faculty and staff have been working with students to plan a Black History Month celebration honoring Black Wall Street including student efforts and local business owners.

Please add April 26 to your calendars: High Point Friends School was founded in 1963 in response to the creation of "white flight schools" designed to avoid the desegregation being enforced as a result of Brown vs. Board of Education. The members of the Meeting were determined to open a school that welcomed people of all backgrounds in keeping with the E in our SPICES, Equality. The administrative team and the Falcon Family Connection have begun working on a celebration for High Point Friends School's 60th Anniversary. April 26th is scheduled as an early dismissal day so we will have a presentation in the gym around 10:30, followed by a party with food trucks, fun, and games on our campus. We are connecting our annual fund appeal to this important event and will have more information about that in the coming weeks.

Please add March 1st to your calendar: You should have received re-enrollment agreements earlier this week with a note about March 1st being an important deadline for the signed **Re-enrollment Agreement**, **Opportunity Scholarship Application**, and **Financial Assistance from HPFS Application**. If you are applying for financial assistance from the school, please complete the **FAST application** and upload all required documents, including the projected award letter from the Opportunity Scholarship. We expect to be able to provide you with the cost of attendance for your child by April 1st so that it can be calculated into the 12 month payment plan.

The Board of Trustees expects to have an announcement about the next head of school in the coming weeks. Please be on the lookout for that communication and be thinking about how the school community can best welcome and support the new head of school.

Thank you for choosing us as educational partners for your children and for all the support you provide them and the school!

Tom Franz

Don't miss out on the Opportunity Scholarship for your student!

If you have any questions please feel free to contact Karen Holt at <u>kholt@hpfs.org</u>.

OPPORTUNITY SCHOLARSHIP PROGRAM

The Opportunity Scholarship program was created by the North Carolina General Assembly in 2013. Scholarships are awarded based on a family's household income and can be used to pay the required tuition and fees to attend an eligible private school.



ARE YOU READY TO BE PART OF HIGH POINT FRIENDS SCHOOL?

When Can I Apply for the Opportunity Scholarship? February 1 – March 1, 2024

Who Can Apply?

Parents of any North Carolina student entering kindergarten through 12th grade.

What are the eligibility requirements?

Students must meet the following requirements to be eligible for the Opportunity Scholarship:

At least 5 years old by August 31 or at least 4 years old by April 16 and approved for Kindergarten according to State guidelines. Lives in North Carolina. Has not graduated from high school. Has not enrolled in a post-secondary institution full-time. Note: Scholarship amount is determined by household income.

How Much is the Scholarship?

Scholarships range from approximately \$3,000 to \$7,000 and are based on a family's household income. Scholarships can be used to pay the required tuition and fees to attend an eligible private school. Families may be responsible for other specific fees

charged by a school.

Here are important links to help:

<u>k12/opportunity/how-to-apply-for-the-opportunity-</u> <u>scholarship//k12/opportunity/</u>

https://www.ncseaa.edu/k12/k12-forms-resources/



ANNIVERSARY



In connection with and leading up to the celebration of 60 years of Friends education at High Point Friends School, February 26th we will kick off our Annual Fund with **60 DAYS OF GIVING** More information to follow.



We are still collecting items for delivery on Feb. 27.





In partnership with West End Ministries, High Point Friends School will be collecting donations for West End Ministries' Leslie's House and their Winter Women's Shelter. Leslie's House mission is to provide a safe haven for homeless women (ages 18 and older without dependents). They provide respite and encouragement towards good choices which aid the women in creating a positive and self-sufficient life. The goal of the Winter Women's Shelter is to offer a safe, warm, loving and helpful place to sleep and receive nutrition, encouragement and case management. The women are given a clean bed, three meals and care. We will be collecting items needed for those in the care of West End Ministries.

We are excited that our 8th graders will also be volunteering each week assisting at their Food Pantry both sorting food donations and handing out to families in need.

YOU CAN SEND :

LAUNDRY DETERGENT PLASTIC SANDWICH BAGS COFFEE AND COFFEE CREAMER BREAKFAST BARS CUP OF NOODLES SNACK SIZE JUICE NABS SALAD DRESSING NEW OR CENTLY LISED - TENNIS S

NEW OR GENTLY USED - TENNIS SHOES/SWEATPANTS/SWEATSHI NEW - WOMEN'S SOCKS/UNDERWEAR/SPORTS BRAS

DONATION BOXES WILL BE AT ALL STUDENT DROP OFF LOCATIONS

<u>www.hpfs.org</u>

http://wemhp.org

Women's Winter Shelter

WINTER PROJECT

EN DONATIONS

eslie's House





SNUGGLE AND READ

What could be better than snuggling up with your bestest soft, stuffed friend and enjoying your favorite book? Our library is looking for snuggly, soft friends to listen to our students read books to them. If you have new or gently used and cleaned soft friends that you would like to donate, please send them in to the front office.



Ulelcome to Terry Talk!

APOLOGIZING CAN BE A TRICKY SKILL FOR CHILDREN TO MASTER

Here you will find some tips to help turn a forced "I'm sorry" into a genuine expression of empathy...

<u>Develop Empathy</u>: Encourage your child to think about how the other person may be feeling. Accomplish this by asking wondering questions such as, "I wonder how you might feel if someone did/said that to you?"

<u>Accept Responsibility:</u> Support your child in understanding that an apology is not only about purposeful actions, but also about taking responsibility for accidental wrongdoings. It's okay to make mistakes but it is also important to acknowledge and apologize for them. Accepting responsibility means saying, "Yes, I did it," and understanding that all actions have consequences.

Discuss Next Steps: By combining what your child has learned about a situation through empathy (I've hurt someone), and accepting responsibility for causing those feelings, they are ready to offer an apology that is more than just an "I'm sorry." Meaningful and successful apologies often include an offer to help fix/repair the situation or inquire about what is needed to feel better.

<u>Identify Situations That Do Not Warrant an Apology:</u> Not every situation necessitates an apology. Help your child differentiate through discussion and role-play. If someone is hurting your child because they were unwilling to do what was being requested, that is not grounds for an apology. Additionally, if a peer wants your child to do something unsafe or against the rules and your child refuses, there is no need to apologize.

<u>When Your Child is the Recipient of an Apology:</u> Just as it is important to know how to engage in an apology, it is also equally important for your child to understand how to respond. Children (and adults too) will often say, "That's ok," when they are on the receiving end. However, being hurt or mistreated is not ok and it is important to foster this understanding. A better response to teach is, "Thank you. I accept your apology."

To read more, visit: <u>https://www.pbs.org/parents/thrive/5-steps-toteaching-kids-</u> to-say-im-sorry

"Don't worry that children never listen to you; worry that they are always watching you." ~Robert Fulghum

FALCON FAMILY CONNECTION

Our first fundraiser of the year is going on now... Mrs. Pumpkins Chicken Pies with sales through 3/1/24. All order forms and payments (checks made out to HPFS) are due MARCH 1, 2024. Feel free to post on socials, and reach out to family, friends and neighbors. Our goal is to have every student sell at least 5 items to reach our goal of \$2500! We will be delivering on Friday, March 15th at 3pm in the main parking lot of the school. PLEASE make plans to pick up your sale items at that time. They will be frozen, but we will have them packaged for easy transport. If you cannot be there Friday, 3/15/24 at 3pm, please reach out to August (text 505-231-3683 or email ffc@hpfs.org) to make arrangements. Lastly, please double check that your numbers add up...items sold must equal money collected. Please make sure your child's name and contact info is filled out as well as their grade level. This will help us calculate and distribute efficiently. THANK YOU SO MUCH FOR PARTICIPATING!



READ ACROSS AMERICA WEEK High Point Friends School March 4th – March 7th, 2024

Monday 3/4 Cat in the Hat day wear your favorite or silly hat

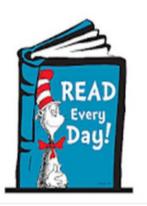
Tuesday 3/5 Fox in Socks day wear crazy or mismatched socks

Wed 3/6 Oh, the Places You'll Go! favorite college or team shirt day

Thurs 3/7 Cozy up with a Good Book wear your PJ's to school

Friday 3/8 No School read your favorite book at home!

Don't Forget to Visit the Scholastic Book Fair all week long!





SAVE THE DATE

A N N I V E R S A R Y C E L E B R A T I O N APRIL 26, 2024

10:30 - 11:30AM

JOIN US AS WE CELEBRATE AND REMINISCE ABOUT HIGH POINT FRIENDS SCHOOL WITH A SPECIAL GUEST SPEAKER AND A BIRTHDAY SWEET TREAT!

11:30 - 3:00PM JOIN US FOR AN AFTERNOON OF FUN WITH OUR 60TH CELEBRATION SPONSORED BY THE FFC...FOOD TRUCKS, GAMES, BASKET RAFFLES AND MUCH MORE! WE CAN'T WAIT TO CELEBRATE WITH YOU!



FEBRUARY

2/15 Basketball Game - Away at Spears YMCA, 4:15pm 2/16 - Early Release Day for all students, 11:30am 2/19 Presidents Day, No School for All Students/Staff 2/21 - West End Ministry - 8th grade 2/26 - 60 Days of Giving Kickoff 2/29 - The ABCs of Black Wall Street, 4pm - 6pm, Kingrey Center

MARCH

3/1 - Mrs. Pumpkins Orders Due 3/1 - 3/7 Scholastic Book Fair (Dining Hall) 3/1 - 3/7 Dr. Seuss Fun Week 3/8 Parent/Teacher Conferences, No Students 3/22 FFC Meeting, 8:30am 3/29 - Good Friday, No School

APRIL

4/1 - 4/5 Spring Break, No School 4/8 Classes Resume 4/9 & 4/10 - Spring Pictures 4/26 - 60th Anniversary Celebration